

Grieving with Great HOPE

We all experience loss in our own unique way. Healing is an intentional process. We gather together as a community of faith to become disciples of hope. It is through prayerful reflection, practical learning and personal fellowship that we mourn. In mourning we begin to build our bridge to a new and different life. "Grieving with Great HOPE" is a **five-week** grief support workshop for anyone who is grieving the death of a loved one. The founders are John and Sandy O'Shaughnessy from Good Mourning Ministry, a Catholic bereavement apostolate. "Grieving with Great HOPE" beautifully combines practical wisdom, personal sharing and meaningful ritual that together point people back to Christ for healing of their hearts.

**Tuesday Evenings from 6:00 PM – 8:00 PM beginning November 7
OR Thursday mornings from 9:00 AM – 11:00 AM beginning Nov. 9**

Please complete and mail registration form to:
Prince of Peace Church, 1110 Dykstra Road, Muskegon, MI 49445
Attn: Barb Perri

If you have any questions, please call Barb at 231-740-9108 or email her at pop.cm@catholicweb.com

There is a \$15 registration fee to cover the cost of your participant guide.
Please make checks payable to Prince of Peace.



Grieving with Great HOPE Registration Form

Please print clearly and complete form. One registration for each participant.

Name: _____

Phone: _____ Email: _____

Male: _____ Female: _____ Age Group: 18-25 26-35 36-45 46-55 56-65 66+

Please tell us your loss or losses: Spouse Child Grandchild Parent Grandparent

And or Other: _____ Date of death: _____ Was your loss sudden? _____

If you like, please list the name of your loved one: _____

Please list any other losses in the last 5 years: _____